



# Dungarvan Observer



Carren Simpson receiving her award from Mark McCarthy, Unilever Food Solutions, sponsors.

## Waterford Student Claims Two Prizes in Knorr Cooking Competition

CAREN Simpson from Waterford Institute of Technology claimed 3rd place in the Knorr Student Chef of the Year for 2014 following a closely fought final cook-off held at DIT, Cathal Brugha Street. 14 student chefs from across the island of Ireland prepared two dishes each in front of an expert judging panel that included TV chef Catherine Fulvio, with Carren narrowly beaten to the top prize.

Fiona Drought, from

DIT, was the overall winner of the closely fought contest with Gareth O'Brien from Dundalk Institute of Technology claiming second prize on the day. The judges were wowed throughout by Fiona, Gareth and Carren's appreciation of flavour and strong presentation skills, while Carren's main course of Spiced Venison Fillet was highly praised by the judges. Carren also won the hygiene award having demonstrated best practice

in kitchen cleanliness and workspace management.

The theme of this year's contest was Wise up on Food Waste to mark the European Year Against Food Waste. The expert judging panel included head judge Mark McCarthy from Unilever Food Solutions; TV chef, food writer and Ballyknocken House proprietor Catherine Fulvio; **Green Hospitality** Programme Director James Hogan and chef lecturer at DIT Pat Zaidan.